

Companion Planting



Placing two or more plant species in a way that at least one species benefits the others by deterring pests, building soil or attracting beneficial creatures.

Benefits of Companion Planting



Benefits of Companion Planting

- Grow more in a small space
- Supports beneficial organisms
- Increases soil health and fertility
- Crop rotation and plant diversity helps prevent pests and diseases
- Creates a healthy, diverse garden environment

Common Companion Planting Techniques

- Interplanting
- Nurse Planting
- Trap Cropping

Interplanting: growing more than one type of plant to maximize space

- Tall and Short Plants
- Cool and Warm Season Plants
- Undersowing with Cover Crops
- Slow and Fast Growing Plants

Tall and Short Plants



Cool and Warm Season Crops



Undersowing with Cover Crops



Slow and Fast Growing Plants



Nurse Planting: species that create shelter and other favorable conditions in which more delicate plants can get a start or plants that fix nitrogen and improve soil vitality.

Nurse planting



Trap Cropping: using plants to attract good and bad bugs.



Plants to attract good bugs



Plants to attract bad bugs



Companion Planting



www.seattleilth.org